



DIVING LOG BOOK

KNJŽICA POTOPOV - KARNET



PHOTOGRAPHY
35 X 45 MM

SURNAME:

PRIIMEK:

NAME:

IME:

DATE AND PLACE OF BIRTH:

DATUM IN KRAJ ROJSTVA:

NATIONALITY:

DRŽAVLJANSTVO:

PERMANENT RESIDENCE:

STALNO PREBIVALIŠČE:

SIGNATURE:

PODPIS:

STREET / ULICA: _____

ZIP / POŠTNA ŠTEVILKA: _____

CITY / MESTO: _____

COUNTRY / DRŽAVA: _____

DIVER SINCE:

POTAPLJAČ OD:

LOG BOOK NO:

ŠTEV. KARNETA: _____

DIVING CLUB:

POTAPLJAŠKI KLUB: _____

FROM:

OD: _____

TO:

DO: _____

MEMBERSHIP NO.:

ŠTEV. ČLANSKE IZKAZNICE: _____

TYPES OF DISABILITIES:

VRSTE HENDIKEPIRANOSTI:

- AMPUTATIONS
 ASTHMA
 CEREBRAL PALSY
 DIABETES
 HEARING IMPAIRMENT
 MUSCULAR DYSTROPHY
 MULTIPLE SCLEROSIS - MS
 ORTHOSTATIC HYPOTENSION
 SIGHT IMPAIRMENT
 SPINAL CORD INJURIES - SCI

MAX. DEPTHS FOR RECREATIONAL C.M.A.S. DIVERS (MSW):

NAJVEČJE DOVOLJENE GLOBINE ZA REKREATIVNE C.M.A.S. POTAPLJAČE (V METRIH):

RANK KATEGORIJA	P ★	P ★ ★	P ★ ★ ★	MONITEUR
P ★	10	15	20	20
P ★ ★	15	30	40	40
P ★ ★ ★	20	40	40	40
MONITEUR	20	40	40	40

WEIGHTS / UTEŽI:

(ADRIATIC SEA / JADRANSKO MORJE)

WET SUIT: _____ KG
MOKRA OBLEKA:DRY SUIT: _____ KG
SUHA OBLEKA:**COMPUTER / RAČUNALNIK:**

- SUUNTO UWATEC
 MARES OTHER

MODEL: _____

SERIAL NO.: _____

IN CASE OF ACCIDENT CONTACT:

V PRIMERU NESREČE OBVESTITE:

NAME / PRIMEK IN IME: _____

STREET / ULICA: _____

ZIP / POŠTNA ŠTEVILKA: _____

CITY / MESTO: _____

COUNTRY / DRŽAVA: _____

CELL PHONE / TELEFON - GSM: _____

NO.:	LOCATION, DIVE SITE, COUNTRY: 	
DATE:	BUDDY (NAME AND RANK):	 <input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/>
DIVE TYPE: <input type="checkbox"/> FROM SHORE <input type="checkbox"/> FROM THE BOAT <input type="checkbox"/> IN THE SEA <input type="checkbox"/> IN THE LAKE <input type="checkbox"/> IN THE RIVER <input type="checkbox"/> IN THE CAVE <input type="checkbox"/> ON THE WRECK <input type="checkbox"/> ON THE WALL <input type="checkbox"/> NIGHT DIVE <input type="checkbox"/> ICE DIVE <input type="checkbox"/> PHOTO - VIDEO	DESCRIPTION OF THE DIVE: <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	AIR TEMP: _____ °C MIN. WATER TEMP: _____ °C VISIBILITY: _____ M DIVE COMPUTER: <input type="checkbox"/> YES <input type="checkbox"/> NO TIME OF THE DAY: _____ DURATION: _____ MIN. MAX. DEPTH: _____ M DECO. STOP: _____ MIN. _____ M
CYLINDER / TANK: <input type="checkbox"/> 12 L <input type="checkbox"/> 15 L <input type="checkbox"/> ____ L ENRICHED AIR NITROX: <input type="checkbox"/> 32 % <input type="checkbox"/> 36 % <input type="checkbox"/> ____ %	SUIT: <input type="checkbox"/> WET <input type="checkbox"/> DRY <input type="checkbox"/> SHORTY	CONFIRMATION (STAMP AND NAME OF DIVE LEADER):

ŠT. POTOPA:**LOKACIJA, KRAJ, DRŽAVA:****DATUM:****SOPOTAPLJAČ** (IME IN KATEGORIJA): **TIP POTOPA:**

- Z OBALE
 S PLOVILA
 V MORJE
 V JEZERO
 V REKO
 V JAMO
 NA RAZBITINO
 NA STENO - ZID
 NOČNI POTOP
 POD LED
 FOTO - VIDEO

OPIS POTOPA:

TEMP. ZRAKA: _____ °C

MIN. TEMP. VODE: _____ °C

VIDLJIVOST: _____ M

POT. RAČUNALNIK: DA NE

ČAS (URA): _____

TRAJANJE: _____ MIN.

MAX. GLOBINA: _____ M

DECO. STOP: _____ MIN. _____ M

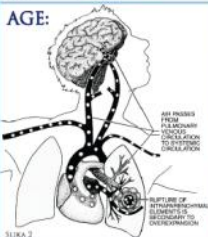
CILINDER / JEKLENKA: 12 L 15 L _____ L**ENRICHED AIR NITROX:** 32 % 36 % _____ %**OBLEKA:** MOKRA SUHA SHORTY**POTRDILO** (ŽIG IN IME VODJE POTOPA):

CUTIS MARMORATA:



SLIKA 1

AGE:



SLIKA 2

DCI - DECOMPRESSION ILLNESS (SIGNS & SYMPTOMS):

ZNAKI IN SIMPTOMI DEKOMPRESIJSKE BOLEZNI:

- UNUSUAL FATIGUE
NENAVADNA UTRUJENOST
- SKIN ITCH
SRBENJE
- BLOTCHY RASH
IZPUŠČAJI NA KOŽI
- SWELLING
OTEKANJE
- JOINT AND MUSCLE PAIN
BOLEČINE V SKLEPIH IN MIŠICAH
- CONFUSION
ZMEDENOST
- DIZZINESS
VRTOGLAVICA
- VISUAL BLURRING
ZAMEGLJEN VID
- CONVULSIONS
KRČI
- UNCONSCIOUSNESS
NEZAVEST
- NUMBNESS
ODREVENELOST
- TINGLING
MRAVLJINCENJE
- PARALYSIS
PARALIZA
- MUSCLE WEAKNESS
MIŠIČNA ŠIBKOST
- DIFFICULTY URINATING
TEŽAVE Z URINIRANJEM
- CARDIO - PULMONARY AREST
ZASTOJ SRCA - PRENEHANJE DIHANJA

FIRST AID IN CASE OF DCI:

PRVA POMOČ V PRIMERU DEKOMPRESIJSKE BOLEZNI:

ALL CASES OF DCI SHOULD BE TREATED INITIALLY WITH 100% OXYGEN FOLLOWED BY RECOMPRESSION IN A HYPERBARIC CHAMBER.

PRI VSEH PRIMERIH DEKOMPRESIJSKE BOLEZNI JE POTREBNO TAKOJ NUDITI 100% KISIK IN PONESREČENEGA NEMUDOMA ODPELJATI V NAJBLIŽJO HIPERBARIČNO KOMORO.

DCIEM SHORT STANDARD AIR DECOMPRESSION TABLES (METERS)

DEPTH (MSW)	NO-DECOMPRESSION BOTTOM TIMES (MIN)				DECOMPRESSION REQUIRED BOTTOM TIMES (MIN)			
	30 A	150 E	360 I					
6	60 B	180 F	420 J	720 M				
	90 C	240 G	480 K	∞				
	120 D	300 H	600 L					
	30 A	100 E	190 I		330 N	400	420	480
9	45 B	120 F	210 J	300 M	360 O			
	60 C	150 G	240 K					
	90 D	180 H	270 L					
	22 A	60 D	90 G	150 J	160 K	200	210	220
12	30 B	70 E	120 H		170 L			
	40 C	80 F	130 I		180 M			
	18 A	30 C	50 E	75 G	90 H	110 J	128 L	137 M
	25 B	40 D	60 F		100 I	120 K		
15	14 A	25 C	40 E	50 F	60 G	70 H	88 J	95 K
	20 B	30 D				80 I		
	DECOMPRESSION TIME IN MINUTES AT				3 MSW			
	5	10	15	20				
21	12 A	20 C	25 D	35 E	40 F	53 H	65 I	68 J
	15 B							
24	10 A	15 C	20 D	25 E	30 F	37 G	50 H	54 I
	13 B							
27	9 A	12 B	15 C	20 D	24 E	28 F	35 G	44 I
30	7 A	10 B	12 C	15 D	18 D	22 F	30 G	37 H
33		6 A	10 B	12 C	15 D	18 E	24 G	31 H
36		6 A	8 B	10 C	12 D	15 E	19 F	25 G
39			5 A	8 B	10 C	13 D	17 F	21 G
42			5 A	7 B	9 C	12 D	14 F	18 G
			4 A	7 B	8 C	10 D	13 F	16 G
45	DECOMPRESSION TIME IN MINUTES AT				6 MSW			
					3 MSW			
					5	10	15	20
					5	10	10	10
					5	10	10	10

A. REPETITIVE FACTORS/SURFACE INTERVALS TABLE

REPET. GROUP (RG)	REPETITIVE FACTORS (RF) FOR SURFACE INTERVALS (SI) IN HR: MIN									
	0:15 → 0:29	0:30 → 0:59	1:00 → 1:29	1:30 → 1:59	2:00 → 2:59	3:00 → 3:59	4:00 → 5:59	6:00 → 8:59	9:00 → 11:59	12:00 → 14:59
A	1.4	1.2	1.1	1.1	1.1	1.1	1.1	1.1	1.1	1.0
B	1.5	1.3	1.2	1.2	1.2	1.1	1.1	1.1	1.1	1.0
C	1.6	1.4	1.3	1.2	1.2	1.2	1.1	1.1	1.1	1.0
D	1.8	1.5	1.4	1.3	1.3	1.2	1.2	1.1	1.1	1.0
E	1.9	1.6	1.5	1.4	1.3	1.3	1.2	1.2	1.1	1.1
F	2.0	1.7	1.6	1.5	1.4	1.3	1.3	1.2	1.1	1.1
G	1.9	1.7	1.6	1.5	1.4	1.3	1.2	1.1	1.1	1.1
H		1.9	1.7	1.5	1.5	1.4	1.3	1.1	1.1	1.1
I		2.0	1.8	1.7	1.5	1.4	1.3	1.1	1.1	1.1
J			1.9	1.8	1.6	1.5	1.3	1.2	1.1	1.1
K			2.0	1.9	1.7	1.5	1.3	1.2	1.1	1.1
L				2.0	1.7	1.6	1.4	1.2	1.1	1.1
M					1.8	1.6	1.4	1.2	1.1	1.1
N					1.9	1.7	1.4	1.2	1.1	1.1
O					2.0	1.7	1.4	1.2	1.1	1.1

B. NO-DECOMPRESSION REPETITIVE DIVING TABLE

DEPTH (MSW)	ALLOWABLE NO-DECO. LIMITS (MIN): FOR REPETITIVE FACTORS (RF)									
	1.1	1.2	1.3	1.4	1.5	1.6	1.7	1.8	1.9	2.0
9	272	250	230	214	200	187	176	166	157	150
12	136	125	115	107	100	93	88	83	78	75
15	60	55	50	45	41	38	36	34	32	31
18	40	35	31	29	27	26	24	23	22	21
21	30	25	21	19	18	17	16	15	14	13
24	20	18	16	15	14	13	12	12	11	11
27	16	14	12	11	11	10	9	9	8	8
30	13	11	10	9	9	8	8	7	7	7
33	10	9	8	8	7	7	6	6	6	6
36	8	7	7	6	6	6	5	5	5	5
39	7	6	6	5	5	5	4	4	4	4
42	6	5	5	5	4	4	4	3	3	3
45	5	5	4	4	4	3	3	3	3	3